# HOSPICE 101

#### WHAT IS HOSPICE CARE?

Hospice care is available to patients with life-limiting illnesses who can no longer benefit from curative treatment and usually have a life expectancy of six months or less, as determined by a physician. Hospice focuses on patient/family-centered care that addresses the physical, spiritual, emotional, and practical needs of the patient. Services can be provided in the patient's home, nursing home, or assisted living facility.

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#### WHO CAN BENEFIT FROM HOSPICE?

Hospice care is appropriate for anyone facing a terminal diagnosis of six months or less. Other indicators include:









- Increasing respiratory decline, oxygen-dependent
- Weight loss of 10 percent or more in six months
- Significant decline in overall health due to multiple problems
- Discontinuing aggressive treatments
- Recurrent infections/frequent hospitalization in the last six months

#### **WHO PAYS FOR HOSPICE?**

Medicare and/or Medicaid will cover the cost of hospice services for those patients who meet either program's eligibility requirements. Private insurance companies, managed-care organizations, and various other payers also cover hospice care services.



#### WHAT TYPES OF SERVICES DOES HOSPICE PROVIDE?

- Physician services for medical direction of the patient's care (provided by either the patient's personal physician or a physician affiliated with a hospice program)
- Regular home care visits by registered nurses and licensed practical nurses to monitor the patient's condition and provide appropriate care and maintain patient comfort
- · Home health aides to attend to the patient's personal needs
- Chaplain services for the patient and/or loved ones
- Social work and counseling services
- · Bereavement counseling to help patients and their loved ones with grief and loss
- · Medical equipment and supplies related to the hospice diagnosis
- · Medications for symptom control and pain relief
- Volunteer support to assist loved ones



### Call 1.866.LHC.GROUP for more information.